



# December Fitness Classes

SUN	MON	TUES	WED	THURS	FRI	SAT	
	<p><b>SIGN UP!</b></p> 	<p>1</p> <p>6:00 AM <b>Shredded</b> Victor</p>	<p>2</p> <p>6:30 PM <b>Buns + Guns</b> James</p> <p>7:30 PM <b>Mixed Martial Arts</b> Susan</p>	<p>3</p> <p>6:00 AM <b>Bootcamp</b> Victor</p> <p>6:30 PM <b>Cardio Sculpt</b> Charise</p> <p>7:30 PM <b>Shredded</b> Victor</p>	<p>4</p>	<p>5</p> <p>9:00 AM <b>Buns + Guns</b> James</p> <p>10:00 AM <b>Yoga</b> Faith</p>	
6	<p>7</p> <p>6:30 PM <b>Bootcamp</b> James</p> <p>7:30 PM <b>Yoga</b> Susan</p>	<p>8</p> <p>6:00 AM <b>Shredded</b> Victor</p>	<p>9</p> <p>6:30 PM <b>Buns + Guns</b> James</p> <p>7:30 PM <b>Mixed Martial Arts</b> Susan</p>	<p>10</p> <p>6:00 AM <b>Bootcamp</b> Victor</p> <p>6:30 PM <b>Cardio Sculpt</b> Charise</p> <p>7:30 PM <b>Shredded</b> Victor</p>	<p>11</p>	<p>12</p> <p>9:00 AM <b>Buns + Guns</b> James</p> <p>10:00 AM <b>Yoga</b> Faith</p>	
13	<p>14</p> <p>6:30 PM <b>Bootcamp</b> James</p> <p>7:30 PM <b>Yoga</b> Susan</p>	<p>15</p> <p>6:00 AM <b>Shredded</b> Victor</p>	<p>16</p> <p>6:30 PM <b>Buns + Guns</b> James</p> <p>7:30 PM <b>Mixed Martial Arts</b> Susan</p>	<p>17</p> <p>6:00 AM <b>Bootcamp</b> Victor</p> <p>6:30 PM <b>Cardio Sculpt</b> Charise</p> <p>7:30 PM <b>Shredded</b> Victor</p>	<p>18</p>	<p>19</p> <p>9:00 AM <b>Buns + Guns</b> James</p> <p>10:00 AM <b>Yoga</b> Faith</p>	
20	<p>21</p> <p>6:30 PM <b>Bootcamp</b> James</p> <p>7:30 PM <b>Yoga</b> Susan</p>	<p>22</p> <p>6:00 AM <b>Shredded</b> Victor</p>	<p>23</p> <p>6:30 PM <b>Buns + Guns</b> James</p> <p>7:30 PM <b>Mixed Martial Arts</b> Susan</p>	<p><b>HAPPY HOLIDAYS!</b></p> <p><b>SIGN UP!</b></p>			<p>26</p>
27	<p>28</p> <p>6:30 PM <b>Bootcamp</b> James</p> <p>7:30 PM <b>Yoga</b> Susan</p>	<p>29</p> <p>6:00 AM <b>Shredded</b> Victor</p>	<p>30</p> <p>6:30 PM <b>Buns + Guns</b> James</p> <p>7:30 PM <b>Mixed Martial Arts</b> Susan</p>	<p>31</p> 			